

LA-NY Footrace 2011 (ロサンゼルス-ニューヨーク フットレース 2011) 各ステージのスタート・ゴールと距離

Day	Date	Stage	From	To	State	Miles	Miles total	AVG Mi/D	km	Km Total	AVG km/D
Sunday	6/19	1	Huntington Beach	Norco	CA	45.7	45.7		73.5	73.5	
Monday	6/20	2		Hesperia	CA	48.9	94.6	47.3	78.7	152.2	76.1
Tuesday	6/21	3		Barstow	CA	50.0	144.6	48.2	80.5	232.7	77.5
Wednesday	6/22	4		Ludlow	CA	48.1	192.7	48.2	77.4	310.1	77.5
Thursday	6/23	5		Amboy	CA	28.3	221.0	44.2	45.5	355.6	71.1
Friday	6/24	6		Fenner	CA	39.8	260.8	43.5	64.0	419.6	69.9
Saturday	6/25	7		Needles	CA	39.8	300.6	42.9	64.0	483.7	69.0
Sunday	6/26	8		Kingman	AZ	51.3	351.9	44.0	82.5	566.2	70.7
Monday	6/27	9		Truxton	AZ	42.3	394.2	43.8	68.1	634.3	70.4
Tuesday	6/28	10		Seligman	AZ	45.9	440.1	44.0	73.9	708.1	70.8
Wednesday	6/29	11		Ash Fork	AZ	30.5	470.6	42.8	49.1	757.2	68.8
Thursday	6/30	12		Williams	AZ	30.3	500.9	41.7	48.8	806.0	67.1
Friday	7/1	13		Flagstaff	AZ	42.8	543.7	41.8	68.9	874.8	67.2
Saturday	7/2	14		Birdspring	AZ	53.1	596.8	42.6	85.4	960.3	68.5
Sunday	7/3	15		Indian Wells	AZ	40.9	637.7	42.5	65.8	1026.1	68.4
Monday	7/4	16		Ganado School District	AZ	48.9	686.6	42.9	78.7	1104.8	69.0
Tuesday	7/5	17		Gas St.Shell on Rd 491	NM	42.3	728.9	42.9	68.1	1172.8	68.9
Wednesday	7/6	18		Crownpoint	NM	44.6	773.5	43.0	71.8	1244.6	69.1
Thursday	7/7	19		Pueblo Pintado	NM	46.7	820.2	43.2	75.1	1319.7	69.4
Friday	7/8	20		Cuba	NM	48.3	868.5	43.4	77.7	1397.4	69.8
Saturday	7/9	21		Abiquiu Lake	NM	51.1	919.6	43.8	82.2	1479.7	70.4
Sunday	7/10	22		Velarde City	NM	37.8	957.4	43.5	60.8	1540.5	70.0
Monday	7/11	23		Palo Flechado Pass	NM	46.9	1004.3	43.7	75.5	1615.9	70.2
Tuesday	7/12	24		Cimarron	NM	37.1	1041.4	43.4	59.7	1675.6	69.8
Wednesday	7/13	25		Crossing C52	NM	49.0	1090.4	43.6	78.8	1754.5	70.1
Thursday	7/14	26		Clayton	NM	59.3	1149.7	44.2	95.4	1849.9	71.1
Friday	7/15	27		Boise City	OK	44.6	1194.3	44.2	71.8	1921.6	71.1
Saturday	7/16	28		Guymon (Cross136)	OK	56.6	1250.9	44.7	91.1	2012.7	71.8
Sunday	7/17	29		Balko	OK	48.8	1299.7	44.8	78.5	2091.2	72.1
Monday	7/18	30		Hwy Crossing 412/283	OK	46.7	1346.4	44.9	75.1	2166.4	72.2
Tuesday	7/19	31		Buffalo+15km	OK	37.0	1383.4	44.6	59.5	2225.9	71.8
Wednesday	7/20	32		Alva	OK	47.5	1430.9	44.7	76.4	2302.3	71.9
Thursday	7/21	33		Medford	OK	51.8	1482.7	44.9	83.3	2385.7	72.2
Friday	7/22	34		Ponca City	OK	42.9	1525.6	44.9	69.0	2454.7	72.1
Saturday	7/23	35		Pawhuska	OK	43.6	1569.2	44.8	70.2	2524.9	72.1
Sunday	7/24	36		Oologah	OK	48.4	1617.6	44.9	77.9	2602.7	72.2
Monday	7/25	37		Vinita	OK	40.8	1658.4	44.8	65.6	2668.4	72.1
Tuesday	7/26	38		Miami	OK	31.2	1689.6	44.5	50.2	2718.6	71.5
Wednesday	7/27	39		Carthage	MO	47.7	1737.3	44.5	76.7	2795.3	71.6
Thursday	7/28	40		Springfield	MO	54.0	1791.3	44.8	86.9	2882.2	72.0
Friday	7/29	41		Philipsburg	MO	48.0	1839.3	44.9	77.2	2959.5	72.1
Saturday	7/30	42		St Robert	MO	48.1	1887.4	44.9	77.4	3036.8	72.3
Sunday	7/31	43		St James	MO	41.6	1929.0	44.9	66.9	3103.8	72.1
Monday	8/1	44		Owensville	MO	28.4	1957.4	44.5	45.7	3149.5	71.5
Tuesday	8/2	45		Hermann	MO	29.8	1987.2	44.2	47.9	3197.4	71.0
Wednesday	8/3	46		Bowling Green	MO	54.9	2042.1	44.4	88.3	3285.8	71.4
Thursday	8/4	47		Hannibal	MO	45.1	2087.2	44.4	72.6	3358.3	71.4
Friday	8/5	48		Pittsfield	IL	35.5	2122.7	44.2	57.1	3415.4	71.1
Saturday	8/6	49		New Berlin	IL	53.1	2175.8	44.4	85.4	3500.9	71.4
Sunday	8/7	50		Decatur	IL	54.1	2229.9	44.6	87.0	3587.9	71.7
Monday	8/8	51		Tuscola	IL	41.8	2271.7	44.5	67.3	3655.2	71.6
Tuesday	8/9	52		Rockville	IN	57.9	2329.6	44.8	93.2	3748.3	72.0
Wednesday	8/10	53		Indianapolis	IN	51.0	2380.6	44.9	82.1	3830.4	72.2
Thursday	8/11	54		Dunreith	IN	47.2	2427.8	45.0	75.9	3906.4	72.3
Friday	8/12	55		Crossing Arlington	OH	54.1	2481.9	45.1	87.0	3993.4	72.6
Saturday	8/13	56		South Vienna	OH	47.4	2529.3	45.2	76.3	4069.7	72.6
Sunday	8/14	57		Reynoldsville	OH	48.9	2578.2	45.2	78.7	4148.3	72.7
Monday	8/15	58		Zanesville	OH	51.8	2630.0	45.3	83.3	4231.7	72.9
Tuesday	8/16	59		Morristown	OH	58.4	2688.4	45.6	94.0	4325.7	73.3
Wednesday	8/17	60		Washington	PA	46.6	2735.0	45.6	75.0	4400.6	73.3
Thursday	8/18	61		Uniontown	PA	49.0	2784.0	45.6	78.8	4479.5	73.4
Friday	8/19	62		Frostburg	MD	51.1	2835.1	45.7	82.2	4561.7	73.5
Saturday	8/20	63		Hancock	MD	50.6	2885.7	45.8	81.4	4643.1	73.7
Sunday	8/21	64		Waynesboro	PA	46.2	2931.9	45.8	74.3	4717.4	73.7
Monday	8/22	65		York	PA	48.8	2980.7	45.9	78.5	4796.0	73.7
Tuesday	8/23	66		Lancaster	PA	26.2	3006.9	45.6	42.2	4838.1	73.3
Wednesday	8/24	67		Kutztown	PA	50.5	3057.4	45.6	81.3	4919.4	73.4
Thursday	8/25	68		Washington	NJ	48.1	3105.5	45.7	77.5	4996.9	73.4
Friday	8/26	69		W. Orange	NJ	51.5	3157.0	45.8	82.9	5079.7	73.6
Saturday	8/27	70		New York	NY	34.4	3191.4	45.6	55.3	5135.1	73.3